

Dining Options

Hours of operation may vary. For any updates, please call our Dining Hotline at ext. 6040 or the Front Desk at ext. 5000.



Wild Tomato Bar
3 new flat-screen TVs added as well as a wide variety of beer and specialty margaritas

Authentic Scottish ales & whiskeys, including our own Twisted Thistle ale, brewed locally. Featuring steak, pasta, fish, and more. Full children's menu available. Located in Kinlochen. Reservations are recommended for dinner, call ext. 6052.

Up to two kids 8 & under eat breakfast FREE (gratuity not included) when accompanied by a paying adult. Kids' free meal may be from the children's menu or from the breakfast buffet. Valid everyday, year-round, no coupon necessary. Located on the lower level of the Lodge. Ext. 6050.



Pizza, subs, salads, chicken wings and beverages to go. Offering in-room delivery & a convenience store with grocery items, including beer and wine. Ext. 6062.



Spend less time cooking and more time connecting! We now offer in-room meal delivery. Enjoy delicious cuisine cooked from scratch and ready to reheat. To order, call ext. 6070.

Plaza BBQ at Kinlochen

Hot dogs, hamburgers, brats, chicken sandwiches, cold sandwiches, breakfast sandwiches, muffins, snacks, chips, pop, liquor & beer. Located outdoors at Kinlochen (weather permitting). Call ext. 6059.

RIDGE TURN

Hot dogs, brats, snacks, chips, pop, liquor & beer. Located outdoors between the 9th and 10th holes on the Mountain Ridge course (weather permitting).

	Wednesday May 16	Thursday May 17	Friday May 18	Saturday May 19	Sunday May 20	Monday May 21	Tuesday May 22
	Grille 11am-9pm Bar 11am-10pm	Grille 11am-9pm Bar 11am-10pm	Grille 11am-10pm Bar 11am-11pm	Grille 11am-10pm Bar 11am-11pm	Grille 11am-10pm Bar 11am-11pm	Grille 11am-10pm Bar 11am-11pm	Grille 11am-10pm Bar 11am-11pm
	Breakfast 6:30am-11am	Breakfast 6:30am-11am	Breakfast 6:30am-11am Dinner 5pm-10pm Buffet & Menu Bar 5pm-10pm	Breakfast Buffet 6:30am-11am Dinner 5pm-10pm Buffet & Menu Bar 5pm-10pm	Breakfast Buffet 6:30am-11am	Breakfast 6:30am-11am	Breakfast 6:30am-11am
	5pm-9pm Delivery 5pm-8:30pm	5pm-9pm Delivery 5pm-8:30pm	5pm-10pm Delivery 5pm-9:30pm	11am-11pm Delivery 12pm-10:30pm	11am-10pm Delivery 12pm-9:30pm	11am-10pm Delivery 12pm-9:30pm	11am-10pm Delivery 12pm-9:30pm
Plaza BBQ at Kinlochen	Closed	Open at 7am (weather permitting)	Open at 7am (weather permitting)	Open at 7am (weather permitting)	Open at 7am (weather permitting)	Open at 7am (weather permitting)	Closed
RIDGE TURN	Closed	Closed	Open at 10am (weather permitting)	Open at 10am (weather permitting)	Open at 10am (weather permitting)	Closed	Closed



This Week at Crystal May 16-22



Your Guide to Food, Fun & Activities



Michigan Legacy Art Park
Summer Kick-off and Sculpture dedication
Sunday, May 20 1-4pm

This year's event will include the dedication of the Art Park's newest sculpture *Michigan* by Brian Ferriby. The sculpture will be dedicated to Gov. William and Helen Milliken. Follow a nationally recognized young bagpiper to the Fort to take part in the annual tradition of raising the flag at Stockade Labyrinth.

- Participate in a fun scavenger hunt throughout the Art Park
- Interact with Art Park artists
- Tour the Art Park with a group or on your own
- Scouts can earn patches on site
- Create your own art project
- Enjoy refreshments

Event is free with admission Art Park: \$3 per person or \$10 per household; free to houseguests.



Art Park Workshop:
Watercolors with Susan Ling
Tuesday, May 22 1-4pm

This workshop is a paint-along: each student has a packet of (2) 5x7 watercolor notecard stock with envelopes. Various applications and techniques unique to watercolor will be explored, studying & playing with the fluidity of watercolor through the use of glazes/washes, salt, the spatter technique, and studying negative spaces in our paintings. All the studies will be done with only 3 colors, all primary colors, keeping thoughts simple and clear...letting the creative juices flow

Fee: \$40 per person, includes supplies
Call ext. 7000 for availability and reservations..



Don't forget to mark your calendar for our annual
Michigan Beer & Brat Festival Saturday, May 26 3-9pm
Slopeside at Crystal Mountain

Plan now to attend the 7th Annual Beer & Brat Festival, featuring over 50 Michigan craft beers and specialty brats. Admission to the festival is just \$6* and includes live entertainment by *The Outer Vibe* and *Jason & Nick*. This annual gathering of Michigan micro-brewers and beer lovers is one of northern Michigan's fastest growing Memorial Day weekend traditions. Bring the kids—we'll have Camps & Craft childcare for kids 12 & under from 3-9pm (\$45/child) or 6-9pm (\$25 per child), including lots of activities and hot dog dinner.

Call ext. 7000 for details.
*Food & beverage sold separately: \$1 per token

On Course with Golf Course Goings-on:

May 25-27, Crystal Cup: Enjoy a full Memorial Day weekend, reminiscent of the Ryder cup format, at the Crystal Cup golf tournament. Commuter and lodging package rates available. Ext. 4000.

May 26, 10am-4pm: Golf Demo Day, Crystal Mountain Golf Learning Center. Free short-game and full-swing clinics every hour, equipment demos, fittings using Trackman fitting system (by appt only), contests and prizes. Ext. 4000.

May 28, 10am : Superintendent's Revenge Golf Tournament. Get a foursome together and test your skills in a full day of fun on the course. \$45 includes box lunch, tee gift, prizes. Ext. 4000.

Shopping:



Sun-Thu: 7am-7pm
Fri-Sat: 7am-8pm
Ext. 4000



Mon-Sat: 10am-6pm
Sun: 10am-4pm



Fri: 2-6pm
Sat: 10am-4pm
Ext. 4400



Retail products
Open during Spa hours
Call ahead for availability.
Ext. 7200



Mon-Fri: 6am-9pm
Sat: 7am-9pm
Sun: 7am-8pm
Ext. 7300

Peak Pool & Fitness Center

Use of the Peak Pool & Fitness Center is **FREE** to houseguests. Fitness classes are available for ages 16 & older. Classes are **FREE** to houseguests and Four Seasons Club members. Classes are \$10/person for non-houseguests.

Peak Pool & Fitness Center hours:

Mon-Fri: 6am-9pm
Sat: 7am-9pm
Sun: 7am-8pm

See class schedule posted on the inside of this flier.
Class sizes are limited; please register in advance. Ext. 7300



crystal spa

- Massage & Facial Services starting at \$60
- Steam Rooms & Infrared Saunas
- Manicures & Pedicures

SPA SPECIALS*

(Valid Sunday thru Thursday)
◦ Add any 50 minute facial to any 50 minute massage and get \$20 off each service (save \$40)

◦ Add a Mini Manicure to any Journey Foot Ritual for only \$19

Spa Hours:

Wed, May 16: 10am-7pm
Thu, May 17: 10am-7pm
Fri, May 18: 10am-8pm
Sat, May 19: 10am-8pm
Sun, May 20: 10am-6pm
Mon, May 21: 10am-7pm
Tue, May 22: 10am-8pm

Spa hours are subject to change.

*A 16% adjustable gratuity and 2% service charge will be added to all treatments. Advance reservations required. Subject to availability. Not valid with any other offers, special rates or discounts.

To schedule an appointment, call ext. 7200.

crystalmountain.com

800-YOUR-MTN

Activity Description

Daily Happenings

- Lap swimming at Peak Indoor Pool: Weekdays 6-8am, Weekends 7-9am
- Park at Water's Edge:**
 - Bike Rentals
 - Scavenger Hunt
 - Board Games
 - Movie Rentals
 - Face painting
 - Tubalicious Candy:** Create your own candy tube! \$3/small, \$5/large
- Golf Pro Shop:** Sun-Thu: 7am-7pm
Fri-Sat: 7am-8pm

Park at Water's Edge: Ext. 7000

Desk: Mon-Sat: 10am-6pm
Sun: 10am-4pm
Outdoor Hot Tub: 9am-10pm daily

Things You Need to Know

Check-In Time : 4pm
(24-hour check-in is available)
Check-Out Time: 11am

Need a ride?

Call the Front Desk at ext. 5000 for details on **resort shuttle service**. The **Benzie Bus** offers transportation throughout Benzie County. For information and reservations, call 866-325-3380.

Free Internet Access: Complimentary wireless Internet access is in most buildings. Complimentary Internet kiosks are available at the Inn's Lounge for guests 18 and up. Call the Front Desk at ext. 5000.



Text Alerts & Specials: Text SPECIALS to 95495 on your mobile device to receive text message alerts and specials for activities, dining, spa, golf, and more while you're here.

Wednesday 5.16.12

8am Water Aerobics
6pm Total Core

Friday 5.18.12

8am Boot Camp Level 2
8am Water Aerobics
6-8pm Four Seasons Club
Happy Hour @ Kinlochen

Thursday 5.17.12

Saturday 5.19.12

8am Boot Camp- Level 2
9am Boot Camp- Level 1
10am Yoga
2-4pm Climbing Wall open
4-5pm Paintball

Sunday 5.20.12

1pm Michigan Legacy Art Park Summer Kick-off and Sculpture Dedication

Monday 5.21.12

8am Water Aerobics

Tuesday 5.22.12

8am Boot Camp- Level 2
9am Boot Camp- Level 1
1-4pm Watercolors with Susan Lingg workshop at Michigan Legacy Art Park
5-8pm Spa Fit Night

Basic Aquatics ▲ Instruction on the essentials of water aerobics for beginners, or those just easing back into their fitness routine. Ext. 7300.

Bicycle Rentals: Available at the Park at Water's Edge. Spring rate: \$5 per hour per bike. Ext. 7000.

Boot Camp ▲ Cardio, strength and endurance full body workout designed for the average to elite exercise enthusiast. Ext. 7300.

Bead Bonanza: Create key chains, necklaces and more. Items start at \$6 per person. Available at Park at Water's Edge. Ext. 7000.

Build- A-Buddy Kits* Create and adopt new 2012 animals! "To-go" kits available at the Park at Water's Edge. \$22 per kit.

Climbing Wall: Jump on belay at Crystal Mountain's Vertical Edge 32-ft Climbing Wall. Certified instructors will be on site to equip climbers for beginner, intermediate, or advanced climbing routes. *Open weather permitting*, call ext. 7000 for more information.

Face Painting* : Free face painting available daily at Park at Water's Edge. Call ext. 7000.

Family Bonfire* : Bring the family to the fire circle in the Park at Crystal Glen by the Bungalows from dusk-10pm.

Field Equipment Sign-Out: Basketballs, soccer balls and more can be signed out at the Park at Water's Edge. Ext. 7000.

Four Seasons Club Happy Hour: Join Four Seasons Club members in the Kinlochen lobby. Contact Lorraine at ext. 3354.

Geocaching: Rent a GPS at the Park at Water's Edge, or use your own. Pick up the coordinates and find the hidden cache. Rental: \$10 for 2 hrs, \$16 for 4 hrs, \$30 for 8 hrs. Ext. 7000.

In-Room Babysitting Services: Available daily for kids of any age. Stop by or call the Park at Water's Edge. Reservations required. Ext. 7000.

Movie Rentals & Board Games* Available anytime at the Park at Water's Edge.

Outdoor Hot Tub*: Sign in at Park at Water's Edge desk; open during desk hours. Free to houseguests; daily fee for day guests. Users 16 & under must be accompanied by an adult. Houseguests: use room key cards for entry after Park at Water's Edge office is closed. Ext. 7000.



Michigan Legacy Art Park

Open daily, this 30-acre preserve features over 40 sculptures. Taken at a leisurely pace with moments for reflection, a hike through the Park typically lasts between 90 minutes and 2 hours and covers 1.6 miles. Admission: a donation of \$3 per person or \$10 per family. Free to houseguests. Ext. 7000.
www.michlegacyartpark.org

Paintball Target Time: Includes paintball equipment and 200 rounds of paintballs. Must be 8 years old to participate. \$10 per person; advance reservations required. Ext. 7000.

Personal Fitness: Customized or sport-specific personal training: \$45/hr. Youth fitness & training: \$35/hr. Golf or ski specific fitness training \$50/hr. Private fitness classes for \$100 per group (max. 10 persons). Call Ext. 7300.

Pilates ▲ :Several introductory exercises are presented, which aim to strengthen the core while developing the muscles that provide spinal alignment & support. Ext. 7300.

Scavenger Hunt*: Offered daily. Stop by the Park at Water's Edge for your first clue. Ext. 7000.

Ski Walking*: Walk with poles and bum up to 40% more calories. Pole rentals available at the Peak. Ext. 7300.

Strengthening & Toning: ▲ Full body strengthening & conditioning class. Ideal for all fitness levels. Ext. 7300.

Tennis: Tennis courts are open weather permitting. Located across from the golf driving range. Court reservations and tennis equipment check-out available at the Peak, ext. 7300.

Total Core▲ Tempo core program focusing on the abdominal and back muscles, toning the mid-section and incorporating an explosive cardio workout. Ext. 7300.

Water Aerobics ▲ Designed for both basic and advanced water aerobics enthusiasts. Ext. 7300.

Yoga ▲ Improve your strength, stamina and balance while learning fundamental yoga poses and styles. Ext. 7300.

Zumba® ▲ Hypnotic Latin rhythms & easy-to-follow dance movements are fused to create a dynamic workout. Cardio routines featuring interval training sessions with fast and slow rhythms combine with resistance training to tone & sculpt your body while burning fat. Ext. 7300.

SPA FIT NIGHT at the Peak Fitness Center & Crystal Spa Tuesday, 5-8pm

30 minute family fitness class:

Choose one:
5 pm – Boot Camp
5:30pm – Tone & Strengthen with Stretch Bands

6pm – Yoga
6:05pm – Aqua Fit
6:30pm – Yoga

Mini personal training sessions: 1/2 hr for \$12

Mini Spa services: \$15

- ◆ Indoor pool access
- ◆ Spa specials and spa access

Only \$12 per person. Ages 7 & older are welcome. Guests under 18 years of age must be accompanied by a parent or guardian. Reservations are required. Ext. 7200



Monday, May 28 Start: 9am 10am - Child's Mile (ages 12 & under)

Awards & Medals: Top 5K male & female finishers overall win a Summer Fun Punch Card; medals awarded to the top three males & females in each age division. (12 & under, 13-17, 18-29, 30-44, 45-59, 60+). Top child's mile male & female finishers overall win a Crystal Mountain Prize Pack.

Entry Fee: \$15 thru May 27 (\$20 on race day); \$5 for the Child's Mile

Check-In & Registration:

Sunday, May 27, Park at Water's Edge, 4-6pm
Monday, May 28, Registration Tent at Kinlochen, 7:30-8:30am

* Mountain Activities

No advance reservations needed unless stated. Drop-in programs require parental supervision. In case of inclement weather, call the Park at Water's Edge at ext. 7000 for back-up location or programming.

▲ Indicates a Peak Indoor Pool & Fitness Center Class

Events & hours listed are subject to change without notice.

NEW! DAILY ATV TOURS

Offered through Crystal Adventures

Offered at 11am & 1pm (one hour tour): \$59 per person, 2-person minimum.
Two-hour tour: \$99 per person, 2-person minimum.
Must have valid driver's license and demonstrate safety after instruction. Advance reservations required.
Call Crystal Adventures at (231) 651-9648

Family Reunions, Weddings & Recreation Groups:

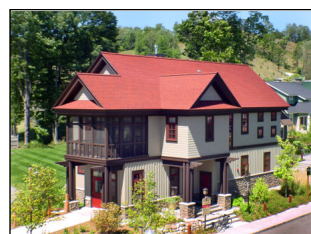
Planning a special event in the near future? Whether it's for 50 guests or 225, we promise you a memorable time with banquet facilities for up to 240 persons, indoor & outdoor venues, plus personal coordinators who can assist you in arranging all the details. **Call ext. 6600 for more information.**

Please note that all outdoor activities are **weather permitting**. Call ext. 7000 for any questions concerning activity availability.



Mon-Sat 9am-5pm
Sunday & Evenings
by Appointment

Located in the Inn. Ext. 3300



Bungalow #329J
3 Bedrooms, \$86,900

This penthouse style Bungalow enjoys elevated views of the slopes and step-out your door convenience to your days adventures at Crystal Mountain. Features open living/dining area with beamed ceilings and tiled fireplace, private master suite with a view of its own, a bunk room complete with four built-in camp style bunks, a cozy third bedroom, large screened-in porch as well as a slope facing deck. Available in a summer share 1/8 ownership.